

# CELEBRATE LIFE RETREAT

## Spring Into Wellness!

**March 24 – 26, 2017**

**Enjoy yoga, sacred music,  
guided and silent meditation,  
nourishing meals, and heartfelt camaraderie.**



Dr. Greg Anderson, DC

**Special Saturday session:**

Explore the spiritual and scientific benefits of body detox and chakra purification for improved health and well-being. With Dr. Greg Anderson.

Sunburst is located 30 miles north of Santa Barbara.

**For more info:** [www.sunburst.org/upcoming](http://www.sunburst.org/upcoming)

**Email** [ContactUs@Sunburst.org](mailto:ContactUs@Sunburst.org)

**Call** 805.736.6528

